

Regular Season Pitching Rules - Minors and Majors Baseball
(from Little League International Rules- VI Pitchers)

VI - Pitchers

- (a) Any player on a regular season team may pitch. (NOTE: There is no limit to the number of pitchers a team may use in a game)
- (b) A pitcher once removed from the mound cannot return as a pitcher.
- (c) The manager must remove the pitcher when said pitcher reaches the limit for his/ her age group as noted below, but the pitcher may remain in the game at another position:

League Age	Max Pitches per day
11-12	85
9-10	75
7-8	50

Exception: If a pitcher reaches the limit imposed in Regulation VI(c) for his/her league age while facing a batter, the pitcher may continue to pitch until any one of the following conditions occur: **1)** The batter reaches base; **2)** The batter is put out; **3)** The third out is made to complete the half inning. **Note 1: Any pitcher who delivers 41 or more pitches in a game cannot play the position of catcher for the remainder of that day.** **Note 2: Any player who has played the position of catcher in four or more innings in a game is not eligible to pitch on that calendar day.**

- (d) Pitchers league age 14 and under must adhere to the following rest requirements:
 - If a player pitches 66 or more pitches in a day, four (4) calendar days of rest must be observed.
 - If a player pitches 51-65 pitches in a day, three (3) calendar days of rest must be observed.
 - If a player pitches 36-50 pitches in a day, two (2) calendar days of rest must be observed.
 - If a player pitches 21-35 pitches in a day, one (1) calendar day of rest must be observed.
 - If a player pitches 1-20 pitches in a day, no (0) calendar days of rest is required.

Exception: If a pitcher reaches a days(s) rest threshold while facing a batter, the pitcher may continue to pitch until any one of the following conditions occurs: 1) that batter reaches base; 2) that batter is retired; or 3) the third out is made to complete the half inning or game. The pitcher will only be required to observe the calendar days(s) of rest threshold he/she reached during that at-bat, provided that pitcher is removed or the game is completed before delivering a pitch to another batter.